

2008 NATIONAL YOUTH DEVELOPMENT CAMP

48 young judoka attended this year's Youth Camp held at Auckland's Sacred Heart College from 3 - 5 October. It was pleasing to note that 35% of the group were female players.

The camp included 7 mat sessions of 90 minute duration, as well as theory sessions. Coaches for this year included Johan Boshoff, Graeme Downing, Rob Levy, Neisha Brooking, Darren Cutfield, and current European -57kg champion Sabrina Filzmoser from Austria (ranked 2nd in the world).



The participants all worked well over the weekend, getting a good mixture of technical development and randori prior to the Nationals.

Thanks again to all who assisted, especially Neisha for her Goal Setting session and being "camp mum".

Graeme Downing
Director of Youth Judo
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